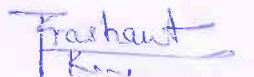


Effective from 14/10/2023

DAILY FOOD MENU (MESS-5)			
Daily Compulsory Items	BREAKFAST	LUNCH	DINNER
Day	Bread, Butter, Jam, Sprout, Tea, Egg, Banana, Milk, Bornvita, Coffee, Ketchup, Cornflakes	Chapatti, (Butter & Plain), Rice Salad, Pickle, Lemon	Chapatti, (Butter & Plain), Rice Salad, Pickle, Lemon
Monday	Aloo Paratha & Curd	Patta Gobhi & Mutter, Papad Rajma Masala, Moong Dal, Raita,	Chicken Biryani, Veg Biryani, Mint Raita, Kadhai Paneer, Ice-cream
Tuesday	Idli (Plain & Fried), Sāmbhar, Coconut Chutney	Mix-Veg, Mix Dal Fry, Curd, Fryms	Kashmiri Pulao, Veg-Kofta, Gulab Jamun
Wednesday	Puri & Sabji	Chana Masala, Kadi Pakoda Rosted Papad, Fruit	Egg Curry/ Egg Bhurji, Mutter Paneer, Masoor Dal
Thursday	Meduvada/Uttapam, Sambhar, Coconut Chutney	Malai Kofta (Vegetable Added), Toor Dal Fry, Butter Milk, Fryms	Veg-Biryani, Dal Makhani, Aloo Barbatti, Kheer (Rice/ Sewaiya)
Friday	Poha & Jalebi, Sev, Omellete Chaup (Onion, Tomato, Lemon)	Sev Tamater, Palak Dal, Curd Rosted Papad, Fruits Salad	Chicken Curry, Butter Paneer, Moong Dal Ice-cream
Saturday	Paneer Paratha & Tomato Chutney	Bhindi Masala, Toor Dal Fry Lassi	Fried Rice, Manchurian/Besan Gatta, Plain Rice, Fruit Salad
Sunday	Masala Dosa, Sambhar, Coconut Chutney	Chhole Bature, Masala Puri, Jeera Rice, Boondi Raita	Aloo Mutter, Dal Fry, Soft Drink, Bajra Ki Roti, Noodles


Mess Committee


Caretaker Sir


Asst. Warden Sir


Warden Sir