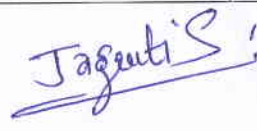


## Mess Menu (Dining Hall-3)

Date: - 01-November -2023

<u>Day</u>	<u>Breakfast</u> (7:30 am to 9:30 Am)	<u>Lunch</u> (12:30 pm to 2:30 pm)	<u>Dinner</u> (7:30 pm to 9:30 pm)
<u>Compulsory</u> <u>Items</u>	Milk, Bread, Butter, Jam, Sprouts, 2Banana, 2Seasonal fruit, Tea, Coffee, Cornflakes, Bournvita, Ketchup	Rice, Roti (Plain/Butter), Fryums, Pickles, Salad	Rice, Roti (Plain/Butter) Papad, Pickles, Salad
<u>Monday</u>	Aaloo Paratha/ Paneer Paratha, Tomato Chutney Alternative Days	Bhindi Masala, Moong+Masoor Dal, Curd	Malai Kofta, Dal tadaka, Sweet- Gulaab-Jamun(X2)
<u>Tuesday</u>	Idli, (Simple+Fried) Sambhar, Coconut chutney	Veg Korma, Dal Punjabi, Veg pulao , Buttermilk	Veg Jaipuri , MatarPulao, MixDal, Sweet-Ice-cream
<u>Wednesday</u>	Poha, Jalebi, Mixture. Chopped Onion, Tomato, Lemon, Sev	PuriSabji, Dal(Arhar), Jeera Rice, Lassi	Matar Paneer./Palak Paneer, Dal fry, Jeer Rice, Sweet-Mungdal Halwa
<u>Thursday</u>	Pav Bhaji, Green Chutney, Chopped onion	Seasonal Veg, Palak Rice, Dal Makhani, Curd	Veg Fried Rice, Manchurian, Soya 65, Sweet-Rice Dry fruits Kheer
<u>Friday</u>	Vada Sambhar, Coconut Chutney	Gobhi Masala, Dal Palak, Curd	Mint Rice, Paneer Bhurji, Mung Dal, Sweet- Sabudana/Saivaiya Kheer Alternative Days
<u>Saturday</u>	Dhokla/ Umpa, Sev, , Green Chutney Alternative Days	Chhole Bhature, Jeer rice, Bundi Raita	Dum Aaloo, Tomato Rice Dal(masoor), Sweet-Custard,
<u>Sunday</u>	Masala Dosa, Sambhar , Coconut Chutney	Aloo Matar, Rajma, Lime Water/ Rasana	Veg Biryani, Masala Paneer ,Boondi Raita, Sweet-Pedha/ Laddu(coconut/Besan/Motich oor) Alternative Days

  
Mess Manager

  
Mess President

  
Warden-in-charge

  
Mess Caretaker