Date
28/09/26

Mess-2 Menu

Breakfast: 7:30 am – 9:30 am | **Lunch**: 12:30 pm – 2:30 pm | **Dinner**: 7:30 pm – 9:30 pm

Day	Breakfast (7:30–9:30 am)	Lunch (12:30–2:30 pm)	Dinner (7:30–9:30 pm)
Common	Milk (250 mL), Cornflakes, Bournvita, Coffee (sachet), Tea, Butter (solid), Jam, Ketchup, Sprouts (moong/chana/other), (Brown/White) Bread Slices, 2 Bananas / 2 Eggs	Plain Roti (Chapati), Plain Rice, Pickle, Butter (melted), Salad [at least 3] (onion, tomato, carrot, cucumber, beetroot, cabbage, and radish), Green Chilli, Lemon, Raw Spices, and Papad/Fryums.	Plain Roti (Chapati), Plain Rice, Pickle, Butter (melted), Salad [at least 3] (onion, tomato, carrot, cucumber, beetroot, cabbage, and radish), Green Chili, Raw Spices, and Lemon.
Monday	Idly (Fried + Simple) + Sambhar + Coconut Chutney	Rajma + Aalo Barbatti + Buttermilk (Chaas)	Kadhai Paneer/Egg Curry (2 Eggs) + Dal Fry+ Shahi Tukda
Tuesday	Aaloo Sandwich + Chutney /	Malai Kofta/Lauki Kofta + Sambhar + Fruit Salad+ Butter Milk	Aloo Zeera + Ragi Roti (Plain Roti also) + Mixed Daal + Kheer (Rice/Seviya)
Wednesday	Masala Uttapam (Onion + Tomato) + Sambhar + Coconut Chutney	Chola Sabji + Toor Daal + Lassi	Chicken Biryani/(Veg Biryani + Matar Paneer **OR** Mushroom) + Raita + Ice Cream (milk-based)
Thursday	Aloo Pyaz Paratha + Curd	Bhindi + Moong Dal + Butter Milk.	Dal (Fry) Baffle + Tomato Chutney + Jeera Rice
Friday	Poha (Hari Mattar, Moongfali) + Jalebi + Chopped Onion + Sev + **2-egg Omelette OR 2 Bananas.**	Veg Jaipuri + Dal Makhani + Curd .	Shahi Paneer/Chicken do Pyaza + Moong Dal + Gulaab Jamun
Saturday	Paneer Paratha **OR** Mix Paratha with Chutney.	Kadhi Pakoda (onions) + Kala Chana + Fruits.	Baingan Masala + Chana Dal + Fruit Custard.
Sunday	Masala Dosa with Sambar + Coconut Chutney.	Chola Bhature, Jeera Rice + Boondi Raita +Chopped Onion+ Fried Mirch	Paneer Do Pyaza /Chicken Gharawala + Arhar Dal + Balushahi.

Notes

1. On Sunday, breakfast timing is 8:00 – 10:00 am; lunch timing is 1:00 – 3:00 pm, and dinner is as usual. 2. The items listed with **OR** will be served in alternate weeks.
3. Take either 2 bananas or 2 eggs, or 1 banana + 1 egg for breakfast.
4. Write down all complaints and suggestions, whether positive or negative, in the complaint register available at the manager's desk.
5. For egg bhurji, the quantity of eggs will be 2.
6. Only approved brands will be used, including for paneer in every paneer dish (including paneer bhurji)

Mess Contractor | Mess President | Mess Caretaker | Mess Warden