

Mess Menu Dining Hall-2

16/10/23

DAY	Breakfast(7:30 AM to 9:30AM)	Lunch (12:30 PM to 2:30PM)	Dinner (7:30PM to 9:30PM)
DAILY COMMON AND COMPULORY	Milk(200ml) , Cornflakes, Bournvita/Coffee/Tea, Butter, Jam, Sprouts, Bread Slice(Brown, White), 2 Banana or 2 Eggs, Ketchup	Plain Chapati (Roti), Chapati (Roti) with Butter, Plain Rice, Lemon, Salad(Onion, Tomato, Carrot, Cucumber), Mixed pickle	Plain Chapati (Roti), Chapati (Roti) with Butter, Plain Rice, Lemon, Salad(Onion, Tomato, Carrot, Cucumber), Mixed pickle
Monday	Onion/Aloo/White Radish/Gobhi (use 2 vegetables) Paratha with Chutney and curd	Aloo Jeera, Channa Dal, Fryums, Mixed fruit salad	Dal Fry, Paneer Bhurji/ Shahi Panner (alternative), Egg Bhurji/ Egg Curry(2 pcs) (alternative), Moong dal halwa
Tuesday	Pav-Bhaji with Mixture	Sev Tamater, Masoor dal , Papad, Curd, One seasonal fruit	Chanaa masala, Moong dal, Moti Boondi (sweets)
Wednesday	Idli(Fried and Normal) with Coconut Chutney and Sambar, 2 eggs Omelette (optional in place of banana)	Rajma, lauki , Fryums, Chutney, Curd	Arhar Dal, Butter Paneer Masala/ Chilly Paneer (alternative), Chicken curry/ Chilly chicken (alternative)
Thursday	Poocha(Hari Matar , Moongfali), Jalabi, Chopped Onion, Lemon	Malai Kofta, toor dal, fryums, Butter Milk	Soya bean/ Matar mashroom, Aloo Barbatti, Jeera Rice, Mix/ Moong Pakoda, Coconut Burfi/ Besan Ladoo
Friday	Uttam sambhar and coconut chutney	Curry with pakora, Sambhar, papad, allo parwal	Chicken Biryani, Veg Biryani, Mint Raita, Kadhai Paneer/ Chaap, Rasgulla
Saturday	Allo - Puri and chopped onion	Dal makhni, Allo matar, Papar, Curd	Moong dal, Mixed Veg.(Tomato, Capsium, Onion, Beans, Carrot, Paneer, Cabbage, Cauliflower, Potato) , Kheer (Rice/ Sevaiya)
Sunday Breakfast (8:00AM to 10:00AM) Rest same Timmings	Masala Dosa, Sambar, Coconut Chutney	Chola Bhatura, Masala puri, jeeraa rice, boondi raita, kachumar Salad	Noodles, Fried Rice, Manchurian, Chana dal, ice-cream ALTERNATIVE Missi-Roti and Sarso/palak-Saag and fruit custurd

Mess Manager

Mohit

Mess Precedent

President
Prasanna

Warden In charge

AM

Assistant Warden

Berly

Hostel Caretaker

Bms