

W.P.F. 2/10/23

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Menu for Dining Hall-1, Oct-2023 (w.e.f. 02/10/2023 onwards), IISER Bhopal

Day	Breakfast (7:30 am to 9:30 pm)	Lunch (12:30 pm to 2:30 pm)	Dinner (7:30 pm to 9:30 pm)
Common	Milk, Cornflakes/Bournvita/Coffee/Tea, Butter, Jam, Sprouts Bread Slices, 2 Bananas / 2 eggs	Plain Rice, Roti, Pickle, Salad/Fryums	Plain Rice, Roti, Pickle, Salad/Fryums
Mon	Puri with Matar ke Chholey (Ghugni) with Chopped onion	Masoor Daal, Fryums, Aloo-Soyabean or Turai ki sbji (Alternative weekdays) Fruits, Curd	Butter Paneer Masala, Egg Masala Daal Tadka,
Tue	Aaloo-Paratha/Mix Paratha with Chutney Alternative Days	Mixed Veg, Rajma Curd, Green Chatney Roasted Papad	Aloo-Matar Daal Tadka, Jeera Rice Two Gulab Jamuns
Wed	Idly (simple and fried) with Coconut Chutney & Sambhar	Kaddu ki Sabji or Patta Gobhi ki Sabji Alternative Days Masoor daal, Fryums, curd, Thesa Chatney	Shahi- paneer, Chicken Curry, Arhar Daal
Thr	Poha- Jalebi with Chopped Onion and Lemon Omelette (instead of 2 eggs)	Aloo-Jeera, Kadhi pakoda, Mixed Daal, Fryums, Mixed Fruits	Guar ki fali ki Sabji, Daal Makhni, Matar Pulao One Rasgulla
Fri	Paneer Paratha + green chutney/ Utthapam with Coconut Chutney & Sambhar	Green-Brinjal ki sabji Daal Tadka Chatney, Lassi	Veg Briyani, Chicken Biryani Veg Raita, Kadhai Paneer, Yellow matar daal, Ice-cream
Sat	Plain Paratha with Aloo ki Sabji / Pav Bhaji with chopped Onion and Tomato Alternative Days	Parwal/Barbati ki sbji, Chana Daal, Fried Papad, Butter Milk, Fruits	Chole-Bhature /Chole-masala puri, Mixed daal fry
Sun	Masala Dosa with Sambhar and Coconut Chutney	Matar Paneer, Chicken Curry, Kachumar Jeera Rice, Tuar Dal Lauki Raita/Boondi Raita	Khichdi, Aloo-Tamatar ki Sabji, Daal, Papad, Sweet Boondi

- (1) Extra Add On: 1. Paneer Bhurji 40 ₹, 2. Egg Bhurji 25 ₹, 3. Omelets 25 ₹, 4. Fried Rice 30 ₹ 5. Egg Fried Rice 50 ₹ (two eggs) (These will be available every day (Lunch & Dinner) on payment basis.)
- (2) Committee request please take either 2 bananas or two eggs or 1 banana + 1 egg.
- (3) Committee request to not take the 'Jain food' if you are not registered
- (4) Committee request kindly write your complaints/suggestions in register with name & roll-number and date.
- (5) Please note: Sunday timing, Breakfast- 8:00 am- 10:00 am, Lunch- 1:00 pm to 2:45 pm, Dinner- no change, please coordinate in mess timing specially on Sunday.

Rohit
Mess President 2/10/23

[Signature]
Mess Manager

[Signature]
Mess Caretaker 03/10/23

[Signature]
Warden-in-Charge