

Feb, 2021

## MESS MENU DINING HALL -4

	BREAKFAST	LUNCH	DINNER
<b>Daily Compulsory</b>	Milk, Bread, (Brown, White) Jam, Butter, Bournvita, Coffee, Tea, Cornflax, Sprouts, Banana OR Eggs -2 Nos.	Chapati, P.Rice, Achar, Lemon, Salad, fryms.	Chapati, P.Rice, Achar, Salad.
<b>Monday</b>	Poha with mutter, Aloo, Onion, Nakeen Sav, Jalebi.	Rice, Arhar Dal , Aloo Beans, CURD	Rice, Masoor Dal ,/Palak Paneer/Paneer Bhurji , Fruits Custurd.
<b>Tuesday</b>	Aloo Paratha /Mix Veg. Paratha Tomato Chutney , Achar.	Rice, Rajma Masala, Methi Malai Mutter Seasonal Fruit.	Rice, Dal Makhani , Mix Veg. Ice-Creem
<b>Wednesday</b>	Idli, Sambhar, Chutney .	Rice , Aloo Gobhi, Desi Channa .	Rice, Moong Dal , Mutter Paneer / Chicken Curry, Pastry
<b>Thursday</b>	Uttampam , Sambhar , chutney.	Rice, Aloo Jeera , Kadhi Pakoda , Seasonal Cut Mix Fruits.	Rice , Channa Dal ,Chilly Soya with Veg (Chinese Style) Kheer
<b>Friday</b>	Pav Bhaji .	Rice , Masoor Dal , Patta Gobhi with Mutter , Boondi Raita.	Rice , Paneer Dish / Egg Curry , Dal Fried Siwaiya Pudding.
<b>Saturday</b>	Mix Paratha with Paneer / Puri Sabzi (Alternate)	Rice , Dal Fried, Mix Veg.	Veg Fried Rice, Veg Manchurian, Dal Tuer ,Gulab Jamun.
<b>Sunday</b>	Masala Dosa , Sambhar , Chatni.	Rice, Dal Fried , Chola Bhatura / Puri . Boondi Raita / Butter Milk.	Rice , Dal Fried , Aloo Tomato, Moong Dal Halwa.

*Chandrapal Singh*  
President Mess -4

*Shekh*  
Mess Contractor-4

*Arora*  
Caretaker- Mess - 4

*Atthak*  
15.2.2021  
Warden in Charge Mess -4