

Mess-4 Menu

Date 17/10/19

Mess Fee = 2830 INR

DAY	BREAKFAST	LUNCH	DINNER
DAILY COMPULSORY	MILK, TEA, CORNFLAKES, SPROUTS, BROWN BREAD, BUTTER, JAM, 2 EGGS / 2 BANANAS	ROTI, ACHAR, LEMON, GREEN CHILLY, SALAD, FRYUMS/PAPAD	ROTI, ACHAR, LEMON, GREEN CHILLY, GREEN CHUTNEY, SALAD, FRYUMS/PAPAD
MONDAY	Masala Idli with Sambar and Coconut Chutney	Jeera Rice, Chana Dal, Kadhai Veg, Butter Milk	Chicken Curry, Paneer-Bhurji, Yellow Moong Dal, Plain Rice
TUESDAY	Paneer Paratha with Curd	Plain Rice, Kadhi Pakoda, Sambhar, Chana Masala, Seasonal Fruit, Papad	Plain Rice, Dal Fry, Malai Kofta, Ice Cream
WEDNESDAY	Poori, AlooBhaji (Sabji)	Plain Rice, Dal Makhni, Masala Bhindi, Curd	Plain Rice, Kadhai Paneer, Dal, Gulab Jamun
THURSDAY	Poha Jalebi	Plain Rice, Toor Dal, Mix Veg, Aloo Fry, Raita	Fried Rice, Chana Dal, Dum Aloo/Aloo Chola, Gajar Halwa/Suji Halwa
FRIDAY	Pav Bhaji	Plain Rice, Aloo Matar Lal Masoor Dal, Curd,	Matar Paneer, Egg Curry Jeera Rice, Moong Dal
SATURDAY	Aloo Paratha, Tomato Chutney, Ketchup	Plain Rice, Lauki Kofta, Sambhar, Rajma Dal, Seasonal Fruit	Lemon Rice, Dal Tadka, Gobhi Aloo, Pastry
SUNDAY	Masala Dosa, Sambar and Coconut Chutney	Chola Poori/Bhatura, Bondi Raita, Chopped Salad, Vegetables Pulao, Papad	Plain Rice, Toor Dal, , Kheer, Soyabean/Corn Palak/Methi Aloo

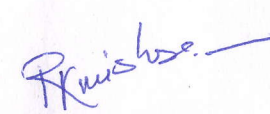
**FISH CURRY TO BE SERVED ONCE A WEEK ON TUESDAY ON A PAYMENT OF Rs.40/100GM.

**Egg bhurji and omelette to be served every day on a payment of Rs 20.


Mess Contractor


Mess President


Mess Caretaker


Warden in Charge